

# **Our principles - Code of Conduct**

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# Introduction

We invite everyone to actively participate in the Food Forest Network. You can actively participate, for example by supporting the work of the network. Or by contributing your knowledge, your expertise, your project or your area.

Would you prefer to show your support in a different way? We are alsograte ful for that too. You can follow us and share our information, support us with a non-binding financial

financial contribution or consider becoming a (supporter) member.

Before you do so, please read our Principles - Code of Conduct. It will give you an idea of how we want to work together and create a respectful relationship with each other and with nature/our planet.

# About the Food Forest Network

# **Our Mission**

Our mission is to bring more Food Forests into the world and thus drive the transformation of agriculture. That is why we network with people who want to contribute to this. Together we promote the knowledge, development, financing and research of food forests and complex agroforestry systems.

complex agroforestry systems.

# Our guiding principle is 'Earth Care, People Care, Fair Share'.

There is no other way than to work in harmony with nature: We show an alternative agriculture based on the principles of permaculture, among others. It is important to us that the farmers receive a fair income. We focus on local processing and direct direct marketing in order to achieve sustainable value creation.

With the network and together with many partners, we inspire as many people as possible for Food Forests with the aim of getting them actively or passively involved in the realisation of new or existing Food Forests in the DACH region and in the Global South.

# Our offer

**Shaping a regenerative agriculture with Food Forests**. We want to build pilot & lighthouse projects that inspire, motivate and demonstrate solutions. To this end, we will set up design and gardening collectives, while also thinking about tree nurseries and seed propagation. We will learn and research as well as document and measure. In this way, principles-based blueprints that enable scalability.

Education: Actively share knowledge, expertise and experience.

Networking, learning from and supporting each other and being a loud voice!



# Food Forest Network is a project of Sarsarale e.V.

Sarsarale e.V. is a non-profit organisation based in Berlin. We work primarily in the areas of natural health measures, sustainability, renewable energies and education. It is important to us to bring Food Forests into the world. Read more...

# How we want to work together: our principles - Code of Conduct

#### Together in harmony with nature

Our work is based on the principles of permaculture and syntropic agriculture, among others. The human being are part of the ecosystem, not above it. We work in harmony with nature and have a holistic approach. We think in cycles and practise regenerative agriculture. We strive to heal degraded areas.

We strive to process the products on the land, on the farms, or to co-operate with others. with others.

We see ourselves as a network of different areas, projects and people who share our .

principles. We want to learn from each other, improve together and create synergies in order to advance the transformation of agriculture. We pursue the Sustainable Development Goals of the United Nations.

#### **Diversity and community**

We think globally, network the global South and North with each other and treat each other as equals at eye level. Only together can we find solutions to global problems. Just like a high diversity of plants diversity of plants makes the food forest antifragile and resilient, it is elementary for our communities and communities and relationships. We practise respectful interaction with one another and respect each other, just as we respect the animals and plants in the forest gardens. We have a basic understanding of democracy. Constructive criticism and feedback are welcome and help us to scrutinise and improve. We want to gain a louder voice through a strong network of many people and thus be heard by decision-makers and donors.

# Our projects and our work are based on these principles.

- a. <u>Earth Care, People Care, Fair Share</u> as ethics and guidelines for our work. We have a holistic approach; we are part of a larger macro-organism (Gaya principle). Humanity and the planet need solidarity and synergy, respect and fair treatment for everyone and everything.
- b. <u>We practise regenerative agriculture</u>. We regenerate the soil (humus build-up, CO2 storage, water & nutrient holding capacity, increase in biodiversity). Through natural succession, the growing complex agroforestry systems become systems of abundance. We observe, think, exchange ideas and act. Feedback loops and critical thinking & questioning are always welcome. Intelligent constructive systems give us what we need food, medicine, energy, oils, fibres and the important ecosystem services such as clean air & water, rain, climate cooling, biodiversity, beauty and inspiration.
- c. <u>We think everything in cycles and produce no waste</u>. Everything is reused, and everything is energy, a resource.
- d. <u>We are constantly learning</u>: We are all at a different point in the learning process and every point is right and important, and we are all learners and teachers under the motto: `Each one teach one'. We document, measure, analyse, prepare and share... We encourage others to take responsibility for their actions and their decisions.
- e. <u>Joy</u>: We want to act with inner joy and love, be creative & make a positive impact.
- f. <u>Respect</u>: We promote and practice respectful behaviour and language with each other,



- g. regardless of differences. Good relationships and healthy, vibrant ecosystems give us
- h. security. We discourage discrimination, harassment and disrespectful behaviour.
- i. Integrity: Encourages honesty, transparency and fairness in all dealings. Discourages
- j. fraudulent practices, conflicts of interest and corruption. Point out where there is injustice, stand up there is enough for everyone if we share it.

Constructive criticism and feedback are welcome and help us to scrutinise and improve. We want to gain a louder voice through a strong network of many people and thus be heard by decision-makers and donors

#### In the field: in addition to the points mentioned above

- a. Plant, plant and plant... As much as you can, combine species, build ecosystems, and organisms, observe and organise. Plant nurseries, collect seeds, and make them available to others. Plant medicinal plants where you can.
- b. Stay away from factory farming, antibiotics, monocultures and pesticides.
- c. Everyone takes responsibility for materials, tools etc.
- d. Each project is also responsible for its funding

# These principles are inspired and influenced by

- Permaculture ethics (Mollison, Holmgren)
- Principles of permaculture
- Principles of Syntropic Agriculture (Götsch)
- Buen Vivir The Good Life (values and philosophy of indigenous cultures of the Andean
- Indigenous & traditional ecological knowledge
- Gaya, we live on a macro organism and are part of it, everything is interconnected and interdependent (Margulis, Lovelock)
- SDG, sustainability goals of the United Nations
- NVC, non-violent communication (Rosenberg)

Nothing is static, these principles are not "the truth", they will change according to our learning processes, observations and experiences. They are dynamic ideas and guidelines that like the intelligent networked systems that we design, are subject to change.

# I only know that I know nothing (Socrates) We move forward questioning (Zapatistas)